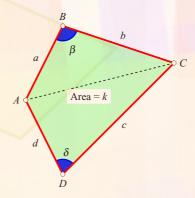
SHORT PROOF OF AN INEQUALITY FOR THE AREA OF A QUADRILATERAL

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Here is an elegant and remarkably compact one-line proof for an inequality relating to the area of a quadrilateral:

Theorem. The area of a quadrilateral is less than or equal to a quarter of the sum of the squares of the sides. Equality holds precisely when the quadrilateral is a square.

Proof. With reference to the figure shown below, with sides, angles and area as indicated:



$$k = \frac{ab\sin\beta + cd\sin\delta}{2} \le \frac{ab + cd}{2} \le \frac{\frac{a^2 + b^2}{2} + \frac{c^2 + d^2}{2}}{2} = \frac{a^2 + b^2 + c^2 + d^2}{4}.$$

Equality holds precisely when $\beta = 90^{\circ} = \delta$ and a = b, c = d.

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