

Highlights

From Promise To Impact: Ending Malnutrition By 2030

Global Nutrition Report 2016

International Food Policy Research Institute (IFPRI)

This report was produced by an Independent Expert Group (IEG) empowered by the Global Nutrition Report Stakeholder Group. The writing was a collective effort by the IEG members, supplemented by additional analysts and writers.

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This third stocktaking of the state of the world's nutrition points to ways to reverse this trend and end all forms of malnutrition by 2030.

Few challenges facing the global community today match the scale of malnutrition, a condition that directly affects one in three people.

Malnutrition manifests itself in many different ways: as poor child growth and development; as individuals who are skin and bone or prone to infection; as those who are carrying too much weight or who are at risk of chronic diseases because of excess intake of sugar, salt, or fat; or those who are deficient in important vitamins or minerals.

The economic consequences represent losses of 11 percent of gross domestic product (GDP) every year in Africa and Asia, whereas preventing malnutrition delivers \$16 in returns on investment for every \$1 spent.

Global State of Malnutrition

Indicator	Number of Individuals (in 2014)	Current Prevalence (%)
Under 5 stunting	159 million	23.8
Under 5 overweight	41 million	6.1
Under 5 wasting	50 million	7.5
Low birth weight	20 million	15
Adult overweight (ages 18+)	1.9 billion	39
Adult obesity (ages 18+)	600 million	13

Key Findings

1. Malnutrition creates a cascade of individual and societal challenges—and opportunities
2. The world is off track to reach global targets—but there is hope
3. Nutrition is central to the Sustainable Development Goals
4. Current commitments do not match the need
5. SMART commitments and targets matter
6. We must move beyond talk to action
7. Today's data and knowledge are not sufficient to maximize investments

Calls to Action

1. Make the political choice to end all forms of malnutrition
2. Invest more, and allocate better
3. Collect the right data to maximize investments
4. Invest in carrying out proven and evidence-informed solutions—and in identifying new ones
5. Tackle malnutrition in all its forms

WHAT NEEDS TO HAPPEN TO END MALNUTRITION

- Make the right political choices
 - Reject business as usual
 - Make commitments that count
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